

Madison County Board of Supervisors Healthy Directions On-Site Screening

Summary

Total Participants: 173

Both: 87

Screening *only*: 52

Flu shot *only*: 34

Tax Collector Office-11

Both: 6

Screening only: 0

Flu shot only: 5

Road Department/Solid Waste-43

Both: 19

Screening only: 21

Flu shot only: 3

Canton Chancery-59

Both: 31

Screenings only: 11

Flu shot only: 17

Justice Court-16

Both: 9

Screening only: 2

Flu shot only: 5

Sheriff's Department-44

Both: 22

Screening only: 18

Flu shot only: 4



AGGREGATE REPORT

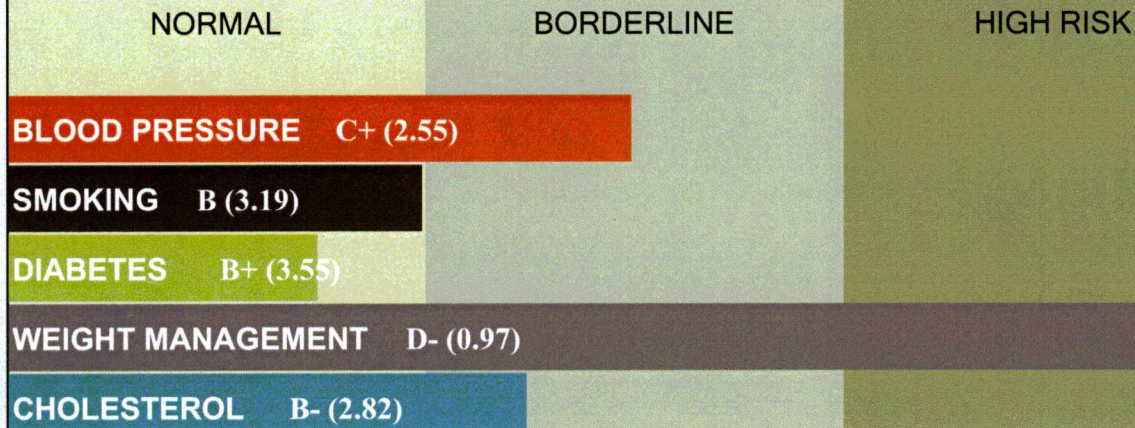


Madison County

10/28/2013 - 11/07/2013

CUMULATIVE GRADE

Overall Grades



C+

2.61 GPA

on a

4.0 GPA

This Aggregate Report Card is intended to give an overview of health risk with a more in depth look at some ways these risks affect the health of participants. It is not a full analysis of the causes of health risk.

This report highlights the areas of greatest risk based on prevalence. There may be areas of risk that have a low prevalence, but are of concern for your group. For example, there may be a low prevalence of participants who smoke, but this may still be an area that can be targeted for improvement.

Understanding Overall Blood Pressure Risk

One in three Americans have high blood pressure (hypertension) which increases the risk for heart disease, stroke, kidney disease, and blindness. Employees with heart disease and stroke risk factors such as high blood pressure cost employers in terms of medical care,

absenteeism, and lost productivity. Hypertension is considered to be one of the ten most expensive health conditions for U.S. employers.

www.cdc.gov/bloodpressure/

Did you Know?

A 2003 actuarial evaluation of a large company in the United States estimated savings of \$547 for each person with a prior heart or stroke condition whose blood pressure was being controlled.

- Wicklan P, Towers Perrin. Bridges to excellence; cardiac care analysis - saving estimates. Powerpoint presentation at Leapfrog Group/National Business Coalition on Health Incentives and Rewards Workshop; May 19, 2005; Wasington, DC

Results

		10/28/2013 - 11/07/2013					
		BLOOD PRESSURE	NORMS	BLOOD PRESSURE	NORMS	BLOOD PRESSURE	NORMS
IDEAL		10.1%	39.4%				
BORDERLINE		35.7%	42.6%				
HIGH		54.3%	17.9%				

Grade

C+
2.55 GPA

Understanding Overall Smoking Risk

Smoking cigarettes can harm nearly every organ in the body. It is the direct cause of many diseases, and smoking leads to a reduction in overall health. [1] A national study based on American Productivity Audit data of the U.S. workforce found that tobacco use was one of the

greatest causes of lost worker production time - greater than alcohol consumption, family emergencies, age, or education.

- www.businessgrouphealth.org/tobacco/return/index.cfm

Did you Know?

Businesses pay an average of \$2,189 in workers' compensation costs for smokers, compared with \$176 for nonsmokers.

- www.businessgrouphealth.org/tobacco/return/index.cfm

Results

		10/28/2013 - 11/07/2013					
		SMOKING	NORMS	SMOKING	NORMS	SMOKING	NORMS
IDEAL		79.8%	87.2%				
HIGH		20.2%	12.8%				

Grade

B
3.19 GPA

Understanding Overall Diabetes Risk

According to the Centers for Disease Control and Prevention, type 2 diabetes accounts for over 90% of all diagnosed cases of diabetes, and is associated with older age, obesity, family history of diabetes, physical inactivity, and race/ethnicity. Screening for early detection and

treatment are important for employee populations. Screening allows the disease to be diagnosed and treated before it causes complications such as heart disease, stroke, blindness, kidney disease, neurologic disease, and leg ulcers and amputations.

<http://www.cdc.gov/diabetes/consumer/>

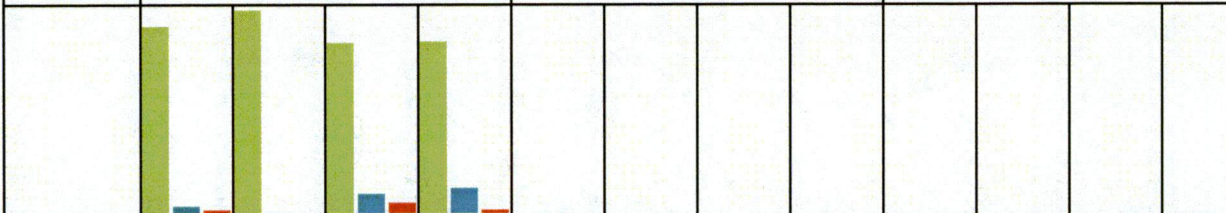
Did you Know?

According to a study by the American Diabetes Association, indirect costs in the United States for people diagnosed with diabetes include increased absenteeism (\$2.6 billion) and reduced productivity while at work (\$20.0 billion).

<http://care.diabetesjournals.org/content/31/3/596.full.pdf+html>

Results

10/28/2013 - 11/07/2013



	NON-FAST	NORMS	FASTING	NORMS	NON-FAST	NORMS	FASTING	NORMS	NON-FAST	NORMS	FASTING	NORMS
IDEAL	89.5%	97.2%	81.9%	82.5%								
BORDERLINE	5.3%	2%	11.1%	13.9%								
HIGH	3.5%	0.8%	6.9%	3.6%								

Grade

B+

3.55 GPA

Understanding Overall Weight Management

The Centers for Disease Control and Prevention offers an Obesity Cost Calculator for employers that know the average hourly wages, percent of employees receiving health benefits, and the body mass index of employees. The calculator can be used to determine a company's cost due

to obesity and the return on investment for prevention and management. Visit <http://apps.nccd.cdc.gov/dnpaacc/companyprofile.aspx>

Grade

D-

0.97 GPA

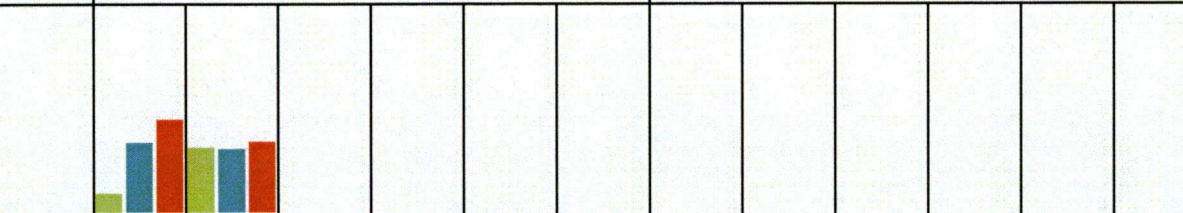
Did you Know?

It is estimated that employers spend \$13 billion annually on the total cost of obesity. Nearly 10% of all health care costs in the United States are related to obesity and being overweight.

www.cdc.gov/leanworks/assess/roi.html

Results

10/28/2013 - 11/07/2013



	BMI	NORMS	WAIST (F)	NORMS	WAIST (M)	NORMS	BMI	NORMS	WAIST (F)	NORMS	WAIST (M)	NORMS
IDEAL	10.9%	32.7%	0%	37.0	0%	39.7						
BORDERLINE	34.9%	31.9%	0%	in.	0%	in.						
HIGH	45.7%	35.4%	0%		0%							

	BMI	NORMS	WAIST (F)	NORMS	WAIST (M)	NORMS

Understanding Overall Cholesterol Risk

High cholesterol is a leading risk factor for heart disease, the number one cause of death in the United States. In addition to cholesterol lowering medications, lifestyle changes related to obesity or being overweight, nutrition, and physical

activity can reduce blood pressure levels. Stopping smoking and managing blood pressure can further reduce the risk of heart disease.

Grade

B-
2.82 GPA

Did you Know?

Individuals with high cholesterol may be absent more often than individuals with normal cholesterol or those who have their cholesterol under control with medication.

www.cdc.gov/workplacehealthpromotion/evaluation/topics/cholesterol.html

Results	10/28/2013 - 11/07/2013																							
	TC	NORMS	LDL	NORMS	HDL	NORMS	TRIG	NORMS	TC	NORMS	LDL	NORMS	HDL	NORMS	TRIG	NORMS	TC	NORMS	LDL	NORMS	HDL	NORMS	TRIG	NORMS
	IDEAL	76.7%	65.5%	68.2%	76.6%	28.7%	39.5%	70.5%	80.9%															
BORDERLINE	16.3%	26.4%	10.9%	17.4%	36.4%	32.7%	7%	11.1%																
HIGH	6.2%	8.1%	3.9%	5.9%	34.9%	27.7%	12.4%	8%																

Summary

This Aggregate Report Card summarized areas of potential health concern for the participants from your group. While this is not a complete analysis of the participant's health status, it does shed light on areas of concerns. Depending on your specific goals there are different approaches your group can take.

More In Depth Analysis – You may be interested in more detailed analyses. We can provide analysis that looks more in depth at specific health concerns to help give you an even fuller picture of what may be leading towards your health risks.

Positive Behavior Change – Targeting the areas of greatest risk, a behavior change program can be implemented to help promote positive behavior. This may help reduce absenteeism and lower health risk.

Monitor the situation – You may be satisfied with the health status of your participants. If so, congratulations on having a healthy workplace! We recommend having yearly screenings to continue to monitor your participant's health status and ensure that you are continuing to do well.